

# MPox Virus Protocol

**February 6, 2023**

## MP O X

## VISUAL EXAMPLES OF MPOX RASH



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## **What is MPox?**

- MPox is a viral infection that can be transmitted from animals to humans and from person-to-person through respiratory secretions, contact with body fluids, and fomites.
- The disease is endemic to West and Central Africa. During the current multi-country outbreak, over 10,000 cases have been identified to date.
- It is usually a self-limited disease with symptoms lasting 2-4 weeks. Severe cases can occur and case fatality around the world is 3-6%, but much less in Europe and North America during the outbreak of 2022
- It typically presents clinically with fever, rash and swollen lymphnodes and may lead to range of Medical Complications
- Clinical presentation of MPox resembles, that of Smallpox, which is also caused by orthopox virus, but is less contagious than smallpox and causes less severe illness
- CDC is tracking multiple reported US MPox cases and monitoring cases in persons in countries without endemic MPox and with no known travel links to an endemic area

(Reference WHO/CDC)

## **MPox case numbers**

As of January 11<sup>th</sup>, 2023 there were 84,716 confirmed cases globally in 107 plus locations. As of January 11<sup>th</sup>, 2023, USA had 29,980 confirmed cases and 21 deaths. As of January 16<sup>th</sup>, 2023, Florida had 2,866 (both confirmed plus probable) cases and out of which 1,732 were confirmed cases. Broward County had 708 (both confirmed plus probable) cases and out of which 533 were confirmed cases and Miami Dade had 896 (both confirmed plus probable) cases and out of which 611 were confirmed cases.

## **When should I suspect MPox?**

Anyone can get MPox. However, based on the current outbreak, certain populations are being affected by MPox more than others, including men who have sex with men (MSM).

There are also some groups that may be at heightened risk for severe outcomes if they contract MPox. This includes people with weakened immune systems, elderly, young children under 8 years of age, and pregnant people.

## **What are the signs and symptoms of MPox?**

Patients during the current MPox outbreak have presented with the following signs and symptoms:

- Skin rash or enanthem in all patients (see images in Appendix A)
- Lesions in different phases of development seen side-by-side
- Rash either scattered or diffuse; sometimes limited to one body site and mucosal area (e.g., anogenital region or lips/face)
- Anorectal pain or tenesmus
- Rectal bleeding
- Physical examination with visible lesions and proctitis
- Please note that compared to classic MPox descriptions, during the current outbreak, prodromal symptoms may be mild or not occurring, and fever and lymphadenopathy are not occurring in all patients
- Some patients have had co-infections with sexually transmitted infections (STIs)

## Examples of Monkeypox Rashes

Photo credit: UK Health Security Agency



## Key Characteristics of Monkeypox Rash





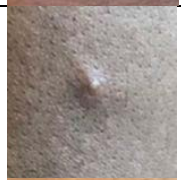




## More Monkeypox Rash Photos

Photo Credit: NHS England High Consequence Infectious Diseases Network



### Enanthem Through the Scab Stage

Stage	Duration	Characteristics	Images
<b>Enanthem</b>		<ul style="list-style-type: none"> <li>The first lesions to develop are on the tongue and in the mouth</li> </ul>	
<b>Macules</b>	<b>1-2 days</b>	<ul style="list-style-type: none"> <li>Following the enanthem, a macular rash appears on the skin, starting on the face and spreading to the arms and legs and then to the hands and feet, including the palms and soles</li> <li>The rash typically spreads to all parts of the body within 24 hours becoming most concentrated on the face, arms and legs (centrifugal distribution)</li> </ul>	
<b>Papules</b>	<b>1-2 days</b>	<ul style="list-style-type: none"> <li>By the third day of rash, lesions have progressed from macular (flat) to papular (raised).</li> </ul>	
<b>Vesicles</b>	<b>1-2 days</b>	<ul style="list-style-type: none"> <li>By the fourth to fifth day, lesions have become vesicular (raised and filled with clear fluid)</li> </ul>	
<b>Pustules</b>	<b>5-7 days</b>	<ul style="list-style-type: none"> <li>By the sixth to seventh day, lesions have become pustular (filled with opaque fluid) – sharply raised, usually round, and firm to the touch (deep seated).</li> <li>Lesions will develop a depression in the center (umbilication).</li> <li>The Pustules will remain for approximately 5 to 7 days before beginning to crust.</li> </ul>	 
<b>Scabs</b>	<b>7-14 days</b>	<ul style="list-style-type: none"> <li>By the end of the second week, pustules have crusted and scabbed over.</li> <li>Scabs will remain for about a week before beginning to fall off.</li> </ul>	

### What do I do if I suspect a patient has MPox?

- Immediately ISOLATE the patient.
  - Place the patient in a private room, put a mask on them and close the door.
  - Place droplet and contact precaution sign on door
  - Call Infection Prevention at 786-266-0624
  - Complete Recent Travel History II PowerForm. If criteria is met for MPox, automatically isolation for Droplet and contact precaution will be ordered

“CDC link for case definition of MPox”

<https://www.cdc.gov/poxvirus/MPox/clinicians/case-definition.html>

Positive diagnostic results from testing of skin lesion material for *Orthopoxvirus* or *MPox virus* DNA in persons without epidemiologic criteria or known risk factors should be verified through repeat testing and/or confirmatory testing.

If there are no identified epidemiologic risk criteria for MPox infection, other possible causes of rash in adults should be considered, including secondary syphilis, herpes, and varicella zoster. In children without identified epidemiologic risk criteria for MPox, varicella zoster and molluscum contagiosum (MC) should be considered in the differential diagnosis. MC is an infection caused by a poxvirus (molluscum contagiosum virus) that is diagnosed more often in children than in adults. MC infection is usually a benign, mild skin disease characterized by lesions that may appear anywhere on the body. CDC's FDA-cleared non-variola virus test used within the Laboratory Response Network laboratories and most commercial laboratories, does not cross-react with molluscum contagiosum virus. In children and adolescents, as in adults, other potential etiologies of illness should be tested for in parallel with or before *MPox virus* testing, based on clinical presentation and epidemiologic criteria.

### **JHS protocol for in-house lab testing for MPox virus**

MPox PCR testing is now being performed in the Jackson Memorial Hospital Microbiology Laboratory. Testing will be performed daily, six days per week, Sunday – Friday. Samples received by 9AM will be reported the same day in the evening. Samples from all Jackson Health System facilities, including regional hospitals, urgent care centers, ambulatory care clinics, primary care clinics, long term care facilities, and corrections will be performed at the JMH laboratory.

The test can be performed on swabs from up to two separate skin lesions from patients with clinical and epidemiological features of MPox infection. For optimal recovery of virus DNA, vigorously swab the surface of the lesion or crust from a healing lesion. If two skin lesions are sampled, both swabs should be inserted in a single tube of viral transport media (VTM). There is no change to the current protocol or transport media used - swabs must be sent to the laboratory in a tube of Viral Transport Medium (VTM). This test is not indicated for screening in asymptomatic patients.

For questions, contact the JMH Microbiology Laboratory at 305-585-6508 or JMH Pathology administration at 305-585-6210.






# MP OX



## Tips for Adequate Collection of a Lesion Specimen from a Suspect Monkeypox Virus Case




Vigorous swabbing of lesion specimens maximizes the probability of achieving accurate diagnostic results. **Specimens that do not contain enough human DNA may lead to inconclusive PCR test results, with no positive or negative result.** Inconclusive results necessitate patients being sampled again which can delay diagnosis. Follow the instructions below to make sure your specimens are adequate for testing. While vigorous swabbing on the surface of a lesion should collect enough viral DNA, more viral DNA can be found in crusts when present. Recommended [infection prevention and control practices](#), including the use of personal protective equipment (PPE), for caring for a patient with suspected or confirmed monkeypox infection should be used during specimen collection: [What Healthcare Professionals Should Know](#). Unroofing or aspiration of lesions (or otherwise using sharp instruments for monkeypox testing) is **not necessary, nor recommended due to the risk for sharps injury**.

### Swabbing of Lesion Surface:

1. Use sterile, synthetic swabs. Do not use cotton swabs.
2. More information on specimen collection can be found here: [Preparation and Collection of Specimens](#).
3. Do not clean the lesion with ethanol or any other disinfectant prior to swabbing.
4. Hold the swab with a firm grasp. Avoid touching the swab shaft at least an inch before the tip if collecting a dry swab and the length of the swab shaft that will be submerged in liquid if using a swab to be stored in viral transport media. 
5. Apply firm pressure (generally firm enough so that the swab shaft, if plastic, may bend slightly). This may result in discomfort or slight pain, but it is necessary to obtain adequate DNA.
  - a. If lesion ruptures while swabbing, ensure that swab collects lesion fluid.
  - b. If possible, avoid using swabs that bend too easily which may make applying firm pressure difficult. 
6. Swipe the swab back and forth on the lesion surface at least 2-3 times then rotate and repeat on the other side of the swab at least 2-3 times.
  - a. If material is visible on the swab surface (such as skin material or from lesion fluid that is leaking from the lesion), this is indicative of an adequate collection. Although please note that material may not always be visible on swabs.
7. Place swab within appropriate container. 
  - a. Ensure container, storage and shipping conditions are approved by laboratory that specimen is being sent to for testing.

### Collection of crusts from healing lesions:

Crusts are not accepted by all laboratories as an approved specimen type. Ensure the laboratory that will be receiving the specimen for testing is able to test crusts before collecting or sending.

1. Use a forceps or other blunt-tipped sterile instrument to remove all or a piece of the crust at least 4mm x 4mm – about the size of this dot: ● 
2. Separate each crust into a dry, sterile container.
  - a. Ensure container, storage, and shipping conditions are approved for laboratory that specimen is being sent to for testing. 
3. Cover lesion with band aid. 

Travel History														
<b>Recent Travel History</b> <input type="radio"/> Traveled within the last 21 days <input type="radio"/> No recent travel	<b>Recent Travel Location</b> <table style="width: 100%; border: none;"> <tr> <td><input type="checkbox"/> Africa</td> <td><input type="checkbox"/> Indonesia</td> <td><input type="checkbox"/> South America</td> </tr> <tr> <td><input type="checkbox"/> Canada</td> <td><input type="checkbox"/> Mexico</td> <td><input type="checkbox"/> United States</td> </tr> <tr> <td><input type="checkbox"/> Central America</td> <td><input type="checkbox"/> Middle East</td> <td><input type="checkbox"/> Western Europe</td> </tr> <tr> <td><input type="checkbox"/> China</td> <td><input type="checkbox"/> Russia</td> <td><input type="checkbox"/> Other:</td> </tr> </table>		<input type="checkbox"/> Africa	<input type="checkbox"/> Indonesia	<input type="checkbox"/> South America	<input type="checkbox"/> Canada	<input type="checkbox"/> Mexico	<input type="checkbox"/> United States	<input type="checkbox"/> Central America	<input type="checkbox"/> Middle East	<input type="checkbox"/> Western Europe	<input type="checkbox"/> China	<input type="checkbox"/> Russia	<input type="checkbox"/> Other:
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<b>Does the patient have any of the following symptoms</b> <table style="width: 100%; border: none;"> <tr> <td><input type="checkbox"/> Fever</td> <td><input type="checkbox"/> Vomiting</td> <td><input type="checkbox"/> Pustular rash</td> </tr> <tr> <td><input type="checkbox"/> Malaise</td> <td><input type="checkbox"/> Diarrhea</td> <td><input type="checkbox"/> Anal/perianal or genital lesion</td> </tr> <tr> <td><input type="checkbox"/> Myalgias</td> <td><input type="checkbox"/> Headache</td> <td><input type="checkbox"/> Not Applicable</td> </tr> <tr> <td><input type="checkbox"/> Abdominal pain</td> <td><input type="checkbox"/> Sore throat</td> <td></td> </tr> </table>			<input type="checkbox"/> Fever	<input type="checkbox"/> Vomiting	<input type="checkbox"/> Pustular rash	<input type="checkbox"/> Malaise	<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Anal/perianal or genital lesion	<input type="checkbox"/> Myalgias	<input type="checkbox"/> Headache	<input type="checkbox"/> Not Applicable	<input type="checkbox"/> Abdominal pain	<input type="checkbox"/> Sore throat	
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<b>Has the patient done any of the following in the 3 weeks before they started having symptoms?</b> <input type="checkbox"/> Been in a country involved in a current outbreak, as declared by the Center of Disease Control and Prevention (CDC), World Health Organization (WHO), or the State of Florida Department of Health (FL-DOH) <input type="checkbox"/> Had direct contact with someone suffering of illness of a unknown cause <input type="checkbox"/> Provided Healthcare to any patient known or suspected of having been exposed to an illness declared as an outbreak by above entities <input type="checkbox"/> Been in a hospital which is treating such patients (as a patient, visitor, or staff) <input type="checkbox"/> Worked in a laboratory which handles specimens defined as a class A substance <input type="checkbox"/> Been exposed to any animal in the affected area including visiting a cave where bats may have been present <input type="checkbox"/> Consumed bushmeat (animal killed and sold in local markets) in any country as described by any of the above entities <input type="checkbox"/> Have suffered an animal bite while visiting any country declared under outbreak <input type="checkbox"/> Not Applicable														
<p><b><i>If patient HAS TRAVELED within the past 21 days AND presents with any of these symptoms AND/OR answers "Yes" to any of the above questions, then:</i></b></p> <ol style="list-style-type: none"> <li><b><i>1. Don appropriate Personal Protective Equipment (PPE) and place patient in an Isolation Room</i></b></li> <li><b><i>2. Secure the environment</i></b> <ol style="list-style-type: none"> <li><b><i>a. Verbally instruct the patient(s) not to leave</i></b></li> <li><b><i>b. DO NOT allow anyone in the area until directed by Infection Prevention and Control</i></b></li> </ol> </li> <li><b><i>3. Call Infection Prevention 786-266-0624</i></b></li> <li><b><i>4. Notify the Provider</i></b></li> </ol>														

- Staff entering the patient's room must wear N95 respirator, eye protection, gown and gloves
- Enter order for "MPox Virus DNA, Qual RT PCR Ref" and collect a specimen. See appendix A for instructions on specimen collection.
- **For Emergency Departments and Inpatient units—walk the specimens to your central laboratory**
- **For patients in the ambulatory care center, primary care center and urgent care centers all specimens will be sent to JMHH lab unless insurance dictates otherwise (e.g. Quest).**
- Once a patient is either discharged or admitted and the room they used is vacated, the room must be terminally cleaned and disinfected immediately. Do not place any patients until the room is terminally cleaned.

### What treatments are available for patients with MPox?

See Appendix B for Pharmaceutical Treatment for MPox.

### What do I do if I think I was exposed to a patient with MPox?

According to the CDC, transmission of MPox requires prolonged close contact with a symptomatic individual. Brief interactions and those conducted using appropriate PPE in accordance with Standard Precautions are not high risk and generally do not warrant post-exposure prophylaxis.



The Florida Department of Health is currently offering vaccination to groups at high-risk of infection. To schedule an appointment for MPox vaccine follow the attached link on Google Chrome, Microsoft Edge or mobile devices: <https://book.appointment-plus.com/d6b7yl3g>.

Miami-Dade County is giving MPox vaccines, to high-risk population, at 2 sites only by appointments. One at Tropical Park and other one in Miami Beach. Please visit [MiamiDade.gov/MPox](http://MiamiDade.gov/MPox) or call 1 833 875 0900.

### **Isolation at Home**

CDC recommends that people with MPox remain isolated at home or at another location for the duration of illness, but that might not be possible in all situations. Prioritizing isolation and source control strategies helps prevent transmission while balancing the impact of this infection on the daily lives of people diagnosed with MPox. These considerations may change as we learn more from the 2022 global outbreak of MPox.

Current data suggest people can spread MPox from the time symptoms start until all symptoms have resolved, including full healing of the rash with formation of a fresh layer of skin. Ideally, people with MPox would remain in isolation for the duration of illness, which typically lasts two to four weeks. However, if a person with MPox is unable to remain fully isolated throughout the illness, they should do the following:

- While symptomatic with a fever or any respiratory symptoms, including sore throat, nasal congestion, or cough, remain isolated in the home and away from others unless it is necessary to see a healthcare provider or for an emergency.
  - This includes avoiding close or physical contact with other people and animals.
  - Cover the lesions, wear a well-fitting mask (more information below), and avoid public transportation when leaving the home as required for medical care or an emergency.
- While a rash persists but in the absence of a fever or respiratory symptoms
  - Cover all parts of the rash with clothing, gloves, and/or bandages.
  - Wear a well-fitting mask to prevent the wearer from spreading oral and respiratory secretions when interacting with others until the rash and all other symptoms have resolved.
  - Masks should fit closely on the face without any gaps along the edges or around the nose and be comfortable when worn properly over the nose and mouth.
- Until all signs and symptoms of MPox illness have fully resolved
  - Do not share items that have been worn or handled with other people or animals. Launder or disinfect items that have been worn or handled and surfaces that have been touched by a lesion.
  - Avoid close physical contact, including sexual and/or close intimate contact, with other people.
  - Avoid sharing utensils or cups. Items should be cleaned and disinfected before use by others.
  - Avoid crowds and congregate settings.
  - Wash hands often with soap and water or use an alcohol-based hand sanitizer, especially after direct contact with the rash.

Isolation and Prevention Practices for People with MPox

<https://www.cdc.gov/poxvirus/MPox/clinicians/isolation-procedures.html#:~:text=Congregate%20care%20settings%2C%20such%20as,be%20possible%20in%20all%20situations>

### **Some additional information on Infection Prevention and Control of MPox in Healthcare Settings**

Human-to-human transmission of MPox virus occurs by direct contact with lesion material or from exposure to respiratory secretions. Reports of human-to-human transmission describe close contact with an infectious person. Transmission in healthcare settings has been rarely described.

Activities that could resuspend dried material from lesions, e.g., use of portable fans, dry dusting, sweeping, or vacuuming should be avoided.

Transport and movement of the patient outside of the room should be limited to medically essential purposes. If the patient is transported outside of their room, they should use well-fitting source control (e.g., medical mask) and have any exposed skin lesions covered with a sheet or gown.

Intubation and extubation, and any procedures likely to spread oral secretions should be performed in an airborne infection isolation room.

### **Waste Management**

Waste management (i.e., handling, storage, treatment, and disposal of soiled PPE, patient dressings, etc.) should be performed in accordance with U.S. Department of Transportation (DOT) Hazardous Materials Regulations (HMR; 49 CFR parts 171-180.)

Required waste management practices and classification (i.e., assignment to a category under the HMR) currently differ depending on the MPox virus clade (strain). The DOT indicates that waste contaminated with the West African clade of MPox virus should be managed as UN3291 Regulated Medical Waste (RMW) in the same manner as other potentially infectious medical waste (e.g. soiled dressings, contaminated sharps). The Congo Basin clade is classified as Category A under the HMR and should be managed accordingly. See the DOT website for more information ([https://www.phmsa.dot.gov/sites/phmsa.dot.gov/files/2022-06/Cat%20A%20Waste%20Planning%20Guidance\\_Final\\_2022\\_06.pdf](https://www.phmsa.dot.gov/sites/phmsa.dot.gov/files/2022-06/Cat%20A%20Waste%20Planning%20Guidance_Final_2022_06.pdf)). Facilities should also comply with state and local regulations for handling, storage, treatment, and disposal of waste, including RMW.

Pursuant to 49 CFR 173.134(a)(1)(i), classification of waste as a Category A substance for transportation must be based on the known medical history or symptoms of the patient, endemic local conditions, or professional judgment concerning the individual circumstances of patient.

During the ongoing 2022 multi-national outbreak of West African clade MPox, if a clinician or their public health authority determine that a patient does not have known epidemiological risk for the Congo Basin clade of MPox virus (e.g. history of travel to the Democratic Republic of the Congo, the Republic of Congo, the Central African Republic, Cameroon, or Gabon in the prior 21 days) it is appropriate to manage the patient's waste as Regulated Medical Waste. However, if epidemiological risk factors indicate a risk for Congo Basin clade MPox virus, waste should be managed as a Category A infectious substance pending clade confirmation, and while local and state public health authorities are consulted.

### **Environmental Infection Control**

Standard cleaning and disinfection procedures should be performed using an EPA-registered hospital-grade disinfectant with an emerging viral pathogen claim. Products with Emerging Viral Pathogens claims may be found on EPA's List Q.

<https://www.epa.gov/pesticide-registration/disinfectants-emerging-viral-pathogens-evps-list-q>

Follow the manufacturer's directions for concentration, contact time, and care and handling. Terminal cleaning and disinfection of the room is required once the patient vacates the room or discharged.

Soiled laundry (e.g., bedding, towels, personal clothing) should be handled in accordance with recommended standard practices, avoiding contact with lesion material that may be present on the laundry. Soiled laundry should be gently and promptly contained in an appropriate laundry bag and never be shaken or handled in manner that may disperse infectious material.

Activities such as dry dusting, sweeping, or vacuuming should be avoided. Wet cleaning methods are preferred.

Management of food service items should also be performed in accordance with routine procedures.

**Duration of Precautions**

If a patient requires inpatient medical care and is isolated for MPox, decisions regarding discontinuation of isolation precautions in a healthcare facility should be made in consultation with the infection prevention department. Isolation Precautions should be maintained until all lesions have crusted, those crusts have separated, and a fresh layer of healthy skin has formed underneath.

**Visitation**

Visitors to patients with MPox should generally be limited to those essential for the patient's care and wellbeing. Special situations should be discussed with the leaders on the unit. Decisions about who might visit, including whether the visitor stays or sleeps in the room with the patient, typically take into consideration the patient's age, the patient's ability to advocate for themselves, ability of the visitor to adhere to IPC recommendations, whether the visitor already had higher risk exposure to the patient, and other aspects.

JHS would follow the CDC Guidance and provide PPE for Droplet and Contact precautions including N95 to the visitors (1 at a time).

CDC Isolation and Infection Control: Home

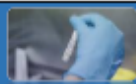
<https://www.cdc.gov/poxvirus/MPox/clinicians/infection-control-home.html>

CDC Guidance on Autopsy and Handling of Human Remains

<https://www.cdc.gov/poxvirus/MPox/clinicians/autopsy.html>

## Appendix A

# Monkeypox

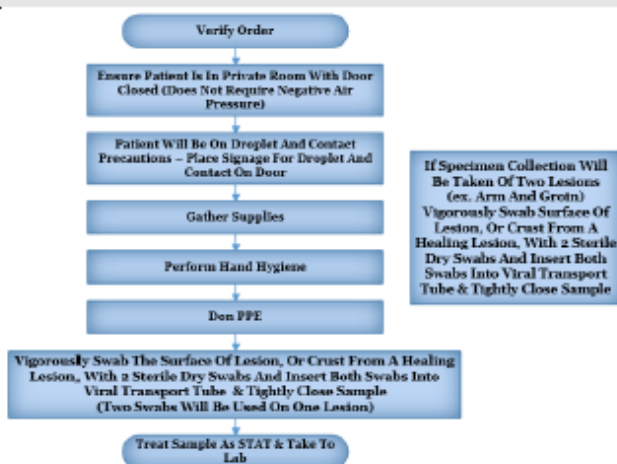


Monkeypox is a rare disease caused by infection with the monkeypox virus. Monkeypox virus is part of the same family of viruses as variola virus, the virus that causes smallpox. Monkeypox symptoms are similar to smallpox symptoms, but milder, and monkeypox is rarely fatal. Monkeypox is not related to chickenpox.

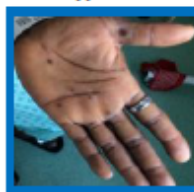
## Specimen Collection: Equipment and Supplies

1. \*Universal Viral Transport tube
2. Sterile dry swabs  
(Must be Sterile-Plastic Stem swab, do not use flexible NP swab)
3. Personal Protective Equipment
  - a. Gown
  - b. Gloves
  - c. N95
  - d. Eye protection (i.e., goggles or a face shield that covers the front and sides of the face)

(\*required for aerosol generating procedures)



## Visual Examples of Monkeypox Rash:



## Once order is placed you will see

### Order profile:



Ordered  
(Dispatched)

Monkeypox Virus DNA, Qual RT PCR Ref

07/18/2022 15:01 EDT

07/18/2022 14:39:00 EDT, Routine, Lesion Swabs, Unit Collecting Specimen, Hispanic Origin, HISPANIC

### Task List:

**Scheduled** PRN Continuous Completed

Task retrieval completed

	Task Status	Scheduled Date and Time	Task Description
	Pending	07/18/2022 10:00 EDT	Patient Specific Fall Safety Measures
	Pending	07/18/2022 15:01 EDT	Need to Collect: 1 Universal Viral transport (VTM) Volume 3.00 mL, Accession # 22-199-008241 A

Please note that results will be provided to the patient by the Physician

CL & D 8.1.22

CDC Guidance on Preparation and Collection of Specimens

<https://www.cdc.gov/poxvirus/MPox/clinicians/prep-collection-specimens.html>

**Appendix B**  
**Pharmaceutical Treatment for MPox**  
v. 8.30.2022

This section includes information on the following

- I. Treatment of active disease
  - a) Criteria
  - b) Pharmacotherapy (Agent, Dose, Duration) & Monitoring
  - c) How to apply for Tecovirimat with Step by Step Instructions for use under EA-IND
- II. Prevention of disease for exposed and high-risk individuals
  - a) MPox vaccine information
  - b) Who qualifies for vaccine
  - c) How to schedule an appointment for vaccine with the Department of Health (DOH)
  - d) Interim guidance for use of JYNNEOS

### I. Treatment of Active Disease

#### *Ia. Criteria for Pharmacotherapy*

**Patients** who are microbiologically diagnosed with MPox **do not ALL require treatment**. Mild and self-limiting cases in immunocompetent patients do not require active therapy and should follow the isolation guidelines as described. Additionally, if lesions have already started crusting over and patient is improving without therapy (afebrile, no leukocytosis, etc.), therapy may not be warranted. Any questions should be discussed with an ID Specialist.

The following populations **meet criteria for active therapy**

Severe Disease	<ul style="list-style-type: none"> <li>• Hemorrhagic disease</li> <li>• Confluent lesions</li> <li>• Sepsis</li> <li>• Encephalitis</li> <li>• Other sequela from MPox requiring hospitalization</li> </ul>
Immunocompromised	<ul style="list-style-type: none"> <li>• AIDS or HIV with CD4 count &lt; 200</li> <li>• Leukemia, lymphoma, or malignancy with ANC &lt; 500 or undergoing active treatment</li> <li>• Solid Organ Transplant, Stem Cell Transplant, or CART-T recipient <ul style="list-style-type: none"> <li>◦ &lt; 24 months post-transplant</li> <li>◦ ≥ 24 months post-transplant &amp; GVHD, treatment for rejection or receiving immunomodulating therapy as described below</li> </ul> </li> <li>• Primary Immunodeficiency</li> </ul>
Active Immunomodulating Therapy	<ul style="list-style-type: none"> <li>• Alkylating agents, antimetabolites, radiation, TNF inhibitors</li> <li>• Prednisone ≥ 20 mg daily for ≥ 14 days or other corticosteroid equivalent</li> <li>• B-cell depleting therapies within the last 6 months</li> <li>• BTK inhibitors (i.e. ibrutinib, acalabrutinib)</li> </ul>
Pediatric	<ul style="list-style-type: none"> <li>• Special consideration given to children &lt; 8 years of age</li> <li>• No clinical studies have been performed to date in this population</li> </ul>
Pregnant or Breastfeeding	<ul style="list-style-type: none"> <li>• Discuss risk vs. benefit with patient</li> <li>• For patients with smallpox, transmission to fetus is possible</li> <li>• Adverse effects have not been observed in pregnant animal studies; pregnant patients were not included in original studies; it is not known if TPOXX crosses into breastmilk</li> </ul>
History of Atopic Dermatitis or Other Active Skin Condition	<ul style="list-style-type: none"> <li>• Eczema, impetigo, psoriasis, burns</li> <li>• Concurrent VZV, HSV</li> <li>• Severe diaper dermatitis with denuded skin</li> <li>• Darier disease (keratosis follicularis)</li> </ul>



Presenting with $\geq 1$ of the Following Complications	<ul style="list-style-type: none"> <li>• Secondary bacterial infection</li> <li>• Gastroenteritis with severe nausea/vomiting, diarrhea, or dehydration</li> <li>• Bronchopneumonia</li> </ul>
Accidental Contamination to High Risk Sites	<ul style="list-style-type: none"> <li>• Eyes or mouth</li> <li>• Genitals, anus</li> </ul>

### *Ib. Pharmacotherapy*

\*\* Please note that treatment recommendations are based off of *in vitro* data, case reports. The exact effects of therapy remain vastly unknown at this time. Recommendations are based off of current available literature and CDC guidance \*\*

**Tecovirimat (TPOXX):** Oral capsule or Intravenous (IV) formulations available

TPOXX was granted Emergency Access (EUA) Investigational New Drug (IND) for use against MPox. TPOXX is an antiviral medication that prevents intracellular envelope virus formation and subsequent viral dissemination. This agent was originally developed to treat smallpox and is indicated for the treatment of human smallpox disease in adults and pediatric patients weighing **at least 3 kg**.

#### ***Oral 200mg capsules: Pediatric and Adult Patients***

Weight	Dose & Duration
3 kg to 5 kg	50 mg (0.25 capsule) PO q12h x 14 days
6 kg to 12 kg	100 mg (0.5 capsule) PO q12h x 14 days
13 kg to 24 kg	200 mg PO q12h x 14 days
25 kg to 39 kg	400 mg PO q12h x 14 days
40 kg to < 120 kg	600 mg PO q12h x 14 days
$\geq 120$ kg	600 mg PO q8h x 14 days

#### **Administration:**

- Administer within 30 minutes after a full meal containing moderate or high fat (about 25 g of fat)
- TPOXX Capsules can be administered by carefully opening the number of capsules noted below and mixing and administering the entire contents in 30 mL of liquid or soft food
  - 50 mg or 0.25 capsule- combine one capsule (200mg) in 30mL of water, measure out 7.5mL of mixture and administer within 30 minutes
  - 100 mg or 0.5 capsule- combine one capsule (200mg) in 30mL of water, measure out 15mL of mixture and administer within 30 minutes
  - 200 mg (1 cap), 400 mg (2 caps), or 600 mg (3 caps)- combine 1 to 3 capsules as noted by dose in 30mL of food or liquid; administer all of the drug-food mixture
  - For more information, please review the [CDC instructions for mixing TPOXX capsules with food](#)

#### **Missed doses:**

- Administer missed oral dose as soon as possible if up to 8 hours prior to next scheduled dose
- If <8 hours until the next scheduled oral dose, skip the missed dose and resume dosing at regular scheduled time

#### ***IV 200mg/20mL vial: Pediatric and Adult Patients, Crcl >30mL/min***

Weight	Dose & Duration
3 to 34 kg	6 mg/kg IV q12h x 14 days
$\geq 35$ kg to 119 kg	200 mg IV q12h x 14 days
$\geq 120$ kg	300 mg IV q12h x 14 days

## Administration:

- Infuse doses over 6 hours; DO NOT give as an IV push

## Monitoring:

- Renal function; if CrCl < 30 mL/min, discontinue IV formulation; may continue oral capsules if CrCL < 30 ml/min
- Adverse Effects (not all inclusive)
  - >10 %: Local pain and injection site swelling/erythema with IV, headache
  - 2-10 %: Abdominal pain, diarrhea, nausea, and vomiting
- Drug Interactions; several interactions may be unknown at this time
  - Repaglinide (hypoglycemia), midazolam (decreased efficacy of midazolam)

*Ic. How to Obtain and Start Tecovirimat (additional information can be obtained at the [CDC website](#))*

TPOXX oral capsules **must** be requested patient-specific from the local health department. A separate process is required for IV formulation, please contact ASP for assistance.

- The **Florida DOH Miami-Dade** should be contacted at the end of this process to ensure all documentation was received
  - Florida DOH Disease Control Epidemiology Line at 305-470-5660 (Alternative line: 305-470-6820)
  - In no response from above: CDC Emergency Operations Center: 770-488-7100 or email [poxvirus@cdc.gov](mailto:poxvirus@cdc.gov)
- **Step 1:** Complete and email patient consent form to [miamiMPox@flhealth.gov](mailto:miamiMPox@flhealth.gov) (Form 1 below, link provided) or can also fax to Miami-Dade DOH: 786-732-8714
- **Step 2:** Complete and email patient intake form (Form 2 below, link provided) along with patient consent form to ([regaffairs@cdc.gov](mailto:regaffairs@cdc.gov)) within 3 working days
- **Step 3:** Send TPOXX prescription electronically to the FDOH Pharmacy in Flagler
  - **We highly** recommend calling DOH to ensure they received the prescription
  - The prescription process is currently undergoing improvements at JHS
    - Tickets have been submitted to IT to add to Cerner (please see last page for step by step instructions on how to order until this is complete)
- **Step 4:** Order TPOXX inpatient as a non-formulary medication (Pharmacy to assist)
- **Step 5 (Optional):** Complete Clinical Outcome form (Form 3 below, link provided) and email to the CDC ([regaffairs@cdc.gov](mailto:regaffairs@cdc.gov)) within 3 working days of last patient follow-up
  - At any point during treatment if patient experiences a serious adverse event, complete a MedWatch Form (Form 5 below, link provided) and email to the CDC ([regaffairs@cdc.gov](mailto:regaffairs@cdc.gov))

*Required Forms (with links; also available on ASP app: <https://jhsmiami.org/stewardship/>)*

- Form 1: [Informed Consent](#): Obtain prior to consent (return to CDC within 3 working days)
- Form 2: [Patient Intake Form](#): Baseline assessment (return to CDC within 3 working days)
- Form 3 (Optional): [Clinical Outcome Form](#): Progress information during and post treatment (return to CDC within 3 working days of last patient follow up)
- Form 4: [FDA Form 1572](#): One signed per facility suffices for all TPOXX treatments under the EA-IND at the same facility; please check with your facility's ASP team to see if form already completed
  - **\*\*\*This has already been completed for JMH, JNMC, JS\*\*\***
- Form 5: [MedWatch Form](#): Complete to report life-threatening or serious adverse events associated with TPOXX; return to CDC via email ([regaffairs@cdc.gov](mailto:regaffairs@cdc.gov))

*How to order TPOXX as a miscellaneous medication in Cerner and send to DOH pharmacy*

## 1. Orders

## 2. Add order, and change type to "Prescription"

The screenshot shows the Cerner EHR interface. At the top, there's a blue header bar with 'Droplet + Contact Isolation' on the left and 'Care Team: View Details' on the right. Below this is a 'Diagnoses & Problems' section. On the left, there's a 'Diagnosis (Problem) being Addressed this Visit' field with a dropdown menu. Below it are buttons for '+ Add', 'Convert', and 'Display: All'. On the right, there's a search bar with a magnifying glass icon. Below the search bar are icons for home, star, folder, and document. To the right of these icons is a dropdown menu for 'Type' with options: 'All Orders', 'Document Medication by Hx', and 'Prescriptions'. The 'Prescriptions' option is selected. Below the 'Type' dropdown is a 'Folder' field with the text 'Jackson Orders ...' and a 'Search within' field. At the bottom right, there's a button labeled 'Admit to Inpatient'.

## 3. Search for and select "Misc. Medication"

Dropnet + Contact Isolation

Care Team: View Details

**Diagnoses & Problems**

Diagnosis (Problem) being Addressed this Visit

+ Add Convert Display: All

IMO

Search: misc med

Advanced Options Type: Prescriptions

Misc. Medication

Enter to Search

Folder: Favorites Search within: All

Ambulatory In-Office Favorites (Misc 1)

## 4. Enter drug name "Tecovirimat"

5. Select dose, frequency, duration, and capsule number pending on patient weight **(example below for a 38kg patient)**

## Details for Misc. Medication (Tecovirimat)

Send To: Florida DOH Miami Dade County (2515 W Flagler St)

**Details** Order Comments Diagnoses

Dose: 400 mg \*Route of Administration: ORAL \*Frequency: Q12H \*Duration: 14 day(s) \*Dispense: 56 cap \*Refill: 0

\*Drug Name: Tecovirimat

PRN:

Requested Refill Date:

\*Start Date/Time: 08/01/2022 1540 EDT

\*Stop Date/Time: 08/15/2022 1540 EDT

Select Prescriber Address:

Print DEA Number: Yes No

Samples:

Special Instructions: Take 2 capsules by mouth twice a day, 30 minutes after a full meal

Type Of Therapy: Acute Maintenance

DAW: Yes No

eRx Note to Pharmacy:

## 6. In upper right corner, change "Send to"

- a. Click on "other", send to "Pharmacy", select "search", enter Pharmacy Name "Florida DOH", click "search", select Florida DOH Miami Dade County, Click on that as selected pharmacy, send script

**Prescription Routing**

\*Send to: Pharmacy

Apply to: ☐ Selected Pending Prescription(s) ☒ All Pending Prescriptions ☐ All Pending Non-Tamperproof Prescriptions

☐ No Preferred Pharmacy Reason:

**Patient Preferred Search**

Pharmacy Name	Address	City	State	Zip Code	Phone
Florida DOH	2515 W Flagler St, Ste 1...	Miami	FL	331351422	Tel: (313) 251-1422
Advanced Pharmacy Florida LLC	45 Skyline Dr, Ste 1011	Lake Mary	FL	327466224	Tel: (407) 938-1011
CoastalMed of Florida	433 N MacArthur Ave	Panama City	FL	324013767	Tel: (904) 371-3767
Curant Health Florida, LLC	11001 Roosevelt Blvd N...	Saint Peter...	FL	337162338	Tel: (813) 337-1623
Direct Meds of Florida	800 E Hallandale Beach ... NW 8th	Hallandale ...	FL	330094476	Tel: (954) 330-0944
Farmacia CDT Policlínica Florida	72 Calle Arizmendi	Florida	PR	006502006	Tel: (786) 331-2006
FLORIDA ATLANTIC UNIVERSITY	777 Glades Rd	Boca Raton	FL	334316496	Tel: (561) 334-1649
FLORIDA AVENUE PRESCRIPTIONS	1541 Florida Ave, Ste P	Modesto	CA	953504438	Tel: (209) 535-0438
Florida Care Pharmacy	4012 Sawyer Rd	Sarasota	FL	342331231	Tel: (941) 342-3331
Florida Center for Orthopaedics	1555 Boren Dr	Ocoee	FL	347612989	Tel: (407) 347-6129
Florida Drugs and Liquors	507 Broadway	Paterson	NJ	075142898	Tel: (973) 751-4289
FLORIDA FAMILY PHARMACY	14889 Tamiami Trl	North Port	FL	342872732	Tel: (941) 342-8727
FLORIDA I.V.SERVICES, INC.	15712 SW 41st St, Ste 16	Davie	FL	333311538	Tel: (954) 333-3153
Florida Infusion Pharmacy	4190 Corporate Ct	Palm Harbor	FL	34683	Tel: (727) 346-8300
Florida Medical Center	1501 NW 36th St	Miami	FL	331425559	Tel: (786) 331-4255
FLORIDA MEDICAL CLINIC PHARMACY	38045 Market Sq	Zephyrhills	FL	335427504	Tel: (813) 335-4275
Florida Medical Clinic Wiregrass	2352 Bruce B Downs Blvd	Wesley Ch...	FL	335449203	Tel: (813) 335-4492
Florida Medical Plaza	3 Calle Antonio Alcazar	Florida	PR	006501912	Tel: (786) 331-9191
Florida Medical Supply Pharmacy	5314 Frank Hough Rd, ...	Panama City	FL	324042031	Tel: (904) 324-0420
FLORIDA PHARMACY	5445 James St	New Port R...	FL	346523927	Tel: (772) 346-5239
Florida Shores Pharmacy	2102 S Ridgewood Ave	Edgewater	FL	321414240	Tel: (352) 321-4142

## II. Prevention of Disease

### Ila. MPox Vaccines

ACAM200 and JYNNEOS™ are currently licensed in the United States for the prevention of smallpox and are currently recommended by the CDC in conjunction with ACIP for the prevention of MPox in certain populations

Vaccine	Virus type	Administration	Fully Vaccinated	Precautions
ACAM2000	Replicating live <i>Vaccinia virus</i>	Skin prick	4 weeks from vaccination	<ul style="list-style-type: none"> <li>Lesions from vaccine are contagious and may spread; recipients should take proper precautions</li> <li>Avoid use in certain populations<sup>1,2</sup></li> </ul>
JYNNEOS™, <sup>2</sup>	Non-replicating live virus	<p>Two <b>0.1mL Intraderm</b> injections, 4 weeks apart</p> <p>OR</p> <p>Two <b>0.5mL Subcut</b> injections, 4 weeks apart</p>	2 weeks after the 2 <sup>nd</sup> dose	<ul style="list-style-type: none"> <li>No risk of spread to other parts of the body or people</li> <li>Do not administer if allergy to egg protein, gentamicin, or ciprofloxacin<sup>2</sup></li> <li>Do not administer vaccine intradermally in patients with history of developing keloid scars or patients &lt;18 years of age</li> </ul>

1. Cardiac disease, eye disease treated with topical steroids, congenital or acquired immune deficiency disorders, including those taking immunosuppressive medications and people living with HIV (regardless of immune status), atopic dermatitis/eczema and persons with a history of atopic dermatitis/eczema or other acute or exfoliative skin conditions, in patients with history of developing keloid scars, infants less than 12 months of age, and pregnancy

2. For patients who are unable to receive the vaccine, TPOXX may be considered for post-exposure prophylaxis (PEP) on a case by case basis. Any PEP use must be in clinical consultation with CDC

### Vaccine Storage

- All vaccine from the manufacturer is originally frozen
- If stored frozen (-25 to -15°C), product should be used within the printed expiration date on the carton
  - If carton is not available, please refer to expiration date by lot number found at <https://aspr.hhs.gov/SNS/Pages/MPox.aspx>
- If stored refrigerated (2 to 8°C), product may now be stored for up to 8 weeks from thawing, do NOT refreeze
  - This differs from the 12 hour beyond use date guidance in the package insert based on updated stability data from the manufacturer
  - Vials require approximately 10 minutes to thaw from frozen temperature (-20°C)
  - Once a vial is punctured, if it is not used in its entirety it should be stored +2 to +8 C and discarded within 8 hour of first puncture

### I Ib. Qualification for Vaccine per Florida Department of Health, Pre-and Post-Exposure

Currently, the Department of Health is only providing the JYNNEOS™ vaccine to certain populations that are at high-risk for infection. These groups include:

- Laboratory personnel and select health care personnel at high risk for MPox
- Close contacts of MPox cases
- Immunocompromised MSM (men who have sex with men) with HIV/AIDS (<200 CD4 white blood cells per ml<sup>3</sup>)
- Other MSM with a recent history of a sexually transmissible diseases (STD)

### Post-Exposure Prophylaxis (PEP) Timing:

- Administer within 4 days from exposure in order to prevent onset of disease

- May be given up to 14 days post exposure; if given between 4-14 days post exposure, vaccination may reduce the symptoms of disease but may not prevent disease
- If a person has previously received the small pox vaccine, but it has been >3 years ago, they qualify for vaccination
- Vaccination after onset of signs or symptoms of MPox is not expected to provide benefit

### *IIC. Scheduling your Appointment for Vaccination*

To schedule an appointment with the Florida Department of Health for MPox follow the attached link on Google Chrome, Microsoft Edge or mobile devices <https://book.appointment-plus.com/d6b7yl3g>

### *IId. Interim Guidance for Use of JYNNEOS – Enhanced Vaccination Strategy*

Globally, supply of JYNNEOS is currently limited. Although more is expected in coming weeks and months.

As of August 9<sup>th</sup>, 2022, the CDC has released interim guidance regarding an alternative vaccine administration regimen under an Emergency Use Authorization (EUA) to increase the number of available JYNNEOS vaccine doses, based on a clinical study demonstrating that the reduced intradermal dose was immunologically non-inferior to standard subcutaneous dosing<sup>5</sup>. This alternative administration produces more local redness/itching but less localized pain compared to subcutaneous administration.

As part of the EUA, JYNNEOS may now be administered:

- **Intradermally (ID)** with an injection volume of **0.1 mL** to patients **age ≥ 18 years** who do NOT have a history of developing keloid scars
- To patients **< 18 years** of age via standard **subcutaneous** route

Vaccination schedule remains unchanged. Two doses of JYNNEOS are recommended, administered 28 days apart, regardless of administration route.

EUA Fact Sheets:

- [Healthcare Providers](https://www.fda.gov/media/160774/download) (www.fda.gov/media/160774/download)
- [Patients and Caregivers](https://www.fda.gov/media/160773/download) (www.fda.gov/media/160773/download)

### **REFERENCES:**

1. <https://www.cdc.gov/poxvirus/MPox/>
2. [https://www.accessdata.fda.gov/drugsatfda\\_docs/label/2022/214518s000lbl.pdf](https://www.accessdata.fda.gov/drugsatfda_docs/label/2022/214518s000lbl.pdf)
3. [MPox and Smallpox Vaccine Guidance | MPox | Poxvirus | CDC](#)
4. [Interim Clinical Considerations for Use of JYNNEOS and ACAM2000 Vaccines during the 2022 U.S. MPox Outbreak](#). Updated: August 9, 2022.
5. [Frey SE, et al. Comparison of lyophilized versus liquid modified Ankara \(MCA\) formulations and subcutaneous versus intradermal routes of administration in healthy vaccinia-naïve subjects. \*Vaccine\*, 2015; 33\(39\): 5225-5234.](#)



## Appendix C

### Monkey Pox Virus Protocol: Labor & Delivery August 8, 2022



According to the CDC, *MPox virus* can be transmitted to the fetus during pregnancy or to the newborn by close contact during and after birth.

The signs and symptoms of MPox virus infection in people who are pregnant include prodromal symptoms (e.g., fever, headache, lymphadenopathy, malaise, sore throat and cough) and rash.

A characteristic MPox rash in a person who is pregnant with risk factors for MPox virus infection should be carefully evaluated and diagnostic testing considered. Close monitoring for severe disease and pregnancy complications is important.

### ***Infection Control***

Infection control practices for the care of patients who are pregnant with MPox infection include Special Droplet Precautions to include eye protection, N95, gown and gloves. EVS terminal cleaning using bleach products is required with appropriate disposal of linen (Reference JHS MPox Protocol located in Badge Buddy). Negative pressure room is not required. All healthcare personnel on maternity and newborn care units should receive training on correct adherence to infection control practices, hand hygiene and PPE use and handling; and ensuring sufficient and appropriate PPE supplies are positioned at all points of care.

### ***Medical Consideration***

If a patient who is pregnant is suspected or diagnosed with MPox, the adult and pediatric infectious diseases teams must be consulted, made aware of the suspicion/ diagnosis to inform evaluation of the newborn.

### ***Isolation Guidelines***

The benefits of skin-to-skin contact and rooming-in on breastfeeding and infant physiology are well-known. However, given the risk of neonatal transmission of *MPox virus* with close contact and potential for severe disease in newborns, direct contact between a patient in isolation for MPox and their newborn is not advised.

Separation (e.g., separate rooms) of a patient with MPox from their newborn is the best way to prevent transmission to the newborn. Full-time rooming in with a newborn is not recommended during a patient's infectious period. Newborns born to people with MPox should be placed in isolation.

The patient should be counseled about the risk of transmission and the potential for severe disease in newborns. If the patient chooses to have contact with the newborn during the infectious period, strict precautions should be taken, including the following:

- There should be no direct skin-to-skin contact.
- During contact the newborn should be fully clothed or swaddled and after contact occurs the clothing or blanket should be removed and replaced.
- Gloves and a fresh gown should be worn by the patient at all times, with all visible skin below the neck covered.
- Soiled linens should be removed from the area.
- The patient should wear a well-fitting source control (e.g. medical mask) during visit.

These precautions should be continued until criteria for discontinuing isolation have been met (i.e., all Breast milk is the best source of nutrition for most newborns, and it provides protection against many illnesses. However, given that *MPox virus* is spread by close contact and neonatal MPox infection may be severe, breastfeeding should be delayed until criteria for discontinuing isolation have been met (i.e., all lesions have resolved, the scabs have fallen off, and a fresh layer of intact skin has formed).

### ***Breastfeeding***

It is unknown if *MPox virus* is present in breast milk. Breast milk expressed from a patient who is symptomatic or isolated should be discarded while breastfeeding is delayed. To avoid inadvertently

exposing an infant to the *MPox virus*, a healthy caregiver can feed pasteurized donor human milk or infant formula.

### **Visitation**

Visitors to pregnant or postpartum patients with MPox should be limited to those essential for the patient's care and wellbeing. Visitors should have no direct contact with the patient. Visitors should be informed about appropriate use of personal protective equipment (PPE) according to facility visitor policy. Visitors should be instructed to only visit the patient room and should not go to other locations within the facility, including the newborn nursery.

### **Transfer/ Transport of PUI MPox Infants**

When a neonate born to a MPox positive or MPox rule out mom is ready for transport the team members inside the delivery room/ OR will push the isolette/ transporter out of the room. The receiving team wearing PPE aligned with contact precautions and droplet precautions will monitor the patient until the team inside the room has removed the PPE worn inside and donned new PPE outside the room if indicated. Neonate will be transported to designated unit in an air-mode incubator. Upon arrival to designated unit, linens, medical equipment will be wiped down before terminal cleaning. All disposable products will be discarded.

### **Discharge**

All infants born to MPox positive mothers can be discharged when medically necessary. Social work should be consulted for all discharges of PUI infants.

<https://www.cdc.gov/poxvirus/MPox/clinicians/pregnancy.html>

## **Patient Placement for MPox Rule Out**

### **NICU/ PICU Placement**

\* Pre Term and/ or low birth weight and/or systematically ill placed in PICU private isolation room with Special Droplet Precautions activated OR in NICU when there is a separate area designated for Monkeypox isolation.

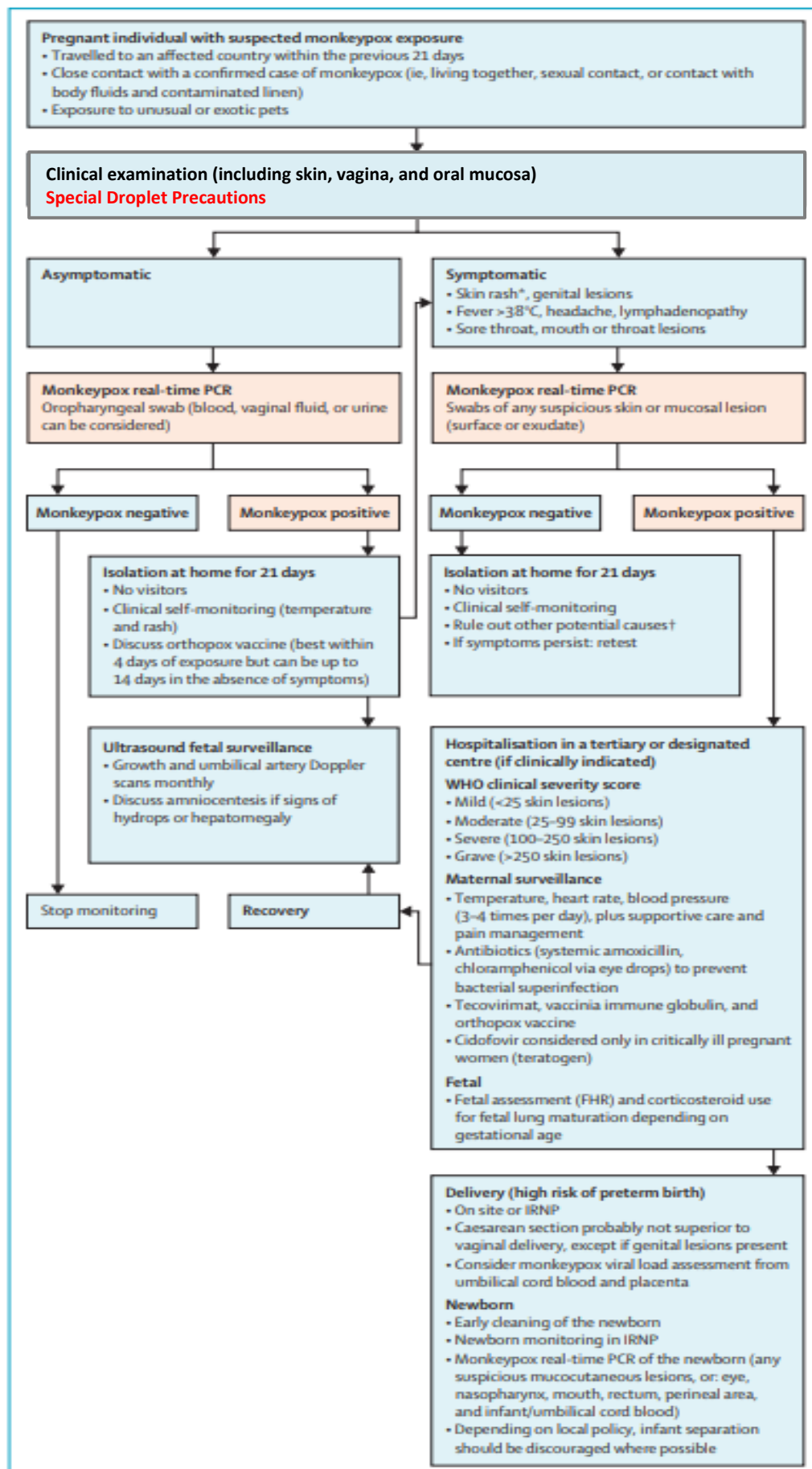
### **ET Placement**

Full term baby in private isolation area with Special Droplet Precautions activated

### **ET3A Placement**

Mother in private isolation Room with Special Droplet Precautions activated.

*\*Note: Any newborn PUI or confirmed MPox admitted to PICU must be managed by NICU physicians and nurses*



## APPENDIX D



July 14, 2022

## **DOH-Miami-Dade is offering appointments to high-risk populations for Jynneos Vaccine for the prevention of MPox**

The Florida Department of Health in Miami-Dade County (DOH-Miami-Dade) is offering appointments for **Jynneos Vaccine** for the prevention of **MPox**. To become fully immunized you must be vaccinated with 2 doses, the second dose 28 days after receiving the first.

**Currently, we are only providing the vaccine to certain populations that are at high-risk for infection, these groups include:**

- Laboratory personnel and select health care personnel at high risk for MPox
- Close contacts of MPox cases
- Immunocompromised MSM (men who have sex with men) with HIV (<200 CD4 white blood cells per ml<sup>3</sup>)
- Other MSM with a recent history of a sexually transmissible diseases (STD)

DOH-Miami-Dade is providing vaccines to individuals that are at high-risk for infection. If you are currently experiencing symptoms of MPox, we encourage you to get tested first to ensure you are not already infected. Symptoms of MPox include:

- Fever
- Headache
- Muscle aches and backache
- Swollen lymph nodes
- Chills
- Rash that can look like pimples or blisters that appears on the face, inside the mouth and on other parts of the body like the hands, feet, chest, genital, and anal area.

Please only schedule your appointment for your first dose if you are in one of the high-risk categories. Also, be aware that you should only make one appointment. Once you receive the first dose our clinic staff will provide you with a follow-up appointment for the second dose.

To schedule an appointment for MPox or other vaccines such as the COVID-19 vaccine for ages 5 and older, vaccine booster follow the attached link on **Google Chrome, Microsoft Edge or mobile devices:** <https://book.appointment-plus.com/d6b7yl3g>



## Appendix E



### **Dear Jackson Team,**

Over the last month, the United States has seen an increase in the number of people infected with MPox, a viral infection that can be transmitted person-to-person through respiratory secretions, direct contact with body fluids, and close skin-to-skin interaction. Throughout our Jackson hospitals and urgent care centers, we have tested 180 people suspected of having the virus, and 82 – or 45.5 percent – have tested positive.

While the majority of reported infections have occurred among men who have sex with men with multiple partners, the virus can easily be spread to others. [The Centers for Disease Control and Prevention \(CDC\)](#) recommends vaccination for people who are at high risk of contracting the virus, including:

- People who have had contact with someone confirmed to have the virus
- People who have multiple sexual partners in areas with known MPox outbreaks
- Immunocompromised men who have sex with men with HIV or a recent history of sexually transmitted diseases
- People whose jobs may expose them to the virus, including laboratory workers who perform testing, and select frontline healthcare workers in emergency departments and urgent care centers who may encounter a person with the virus

**Beginning next Monday, August 15, Jackson will offer MPox vaccines to any employee or credentialed medical staff provider who wants to receive it. Vaccines will be administered on a walk-in basis from 8 a.m. to 2 p.m., Monday through Friday, at Employee Health Services at the Jackson Medical Towers, suite 1103, on the Jackson Memorial Medical Center campus. No appointments are necessary. The two-dose vaccine is administered four weeks apart, and full immunity is achieved six weeks after the first dose. At this time, we will only be administering vaccines to employees who show their Jackson badge.**

Jackson will be offering the vaccine for a limited time through September to cover first and second doses. [Miami-Dade County](#) and [the Florida Department of Health](#) are also offering the vaccine at no cost, by appointment at multiple locations. For those high-risk populations, vaccination is a highly effective tool in preventing the spread of MPox.

As we continue to monitor the evolution of this virus, it's important you know what to look out for. MPox symptoms are similar to those of smallpox, and, fortunately, it is rarely fatal. Most people with the virus may first start with a fever, and then they develop lesions or rashes that are reported to be quite painful. Typically, people with a confirmed MPox diagnosis do not require hospitalization; however, they are advised to self-isolate at home for two to four weeks until the rash has fully resolved.

While the number of confirmed MPox cases continues to exponentially grow, it is not an airborne virus like COVID-19. Therefore, it is not as easy to contract. For most people, the risk is still low – but it is important that we all be educated and cautious.

We know the threat of another virus can be anxiety-inducing for many frontline caregivers. But MPox is not a new virus, and we are armed with the information and tools to prevent it.

Thank you for the continued compassion you show our patients, and the excellent medical care you provide daily.

Sincerely,

**Lilian Abbo, MD, FIDSA**

Associate Chief Medical Officer for Infectious Diseases

*Jackson Health System*

Professor of Infectious Diseases

*University of Miami Miller School of Medicine*



September 19, 2022

## Recommendations to Prevent Occupationally-acquired MPox Infection in Healthcare Personnel

Currently, there are more than 61,000 reported cases of MPox infection [worldwide](#). Reports of occupationally-acquired MPox infection in healthcare personnel (HCP) remain rare in this outbreak, with most reports involving HCP sustaining a sharps injury during specimen collection or not using [recommended personal protective equipment \(PPE\)](#).

The Centers for Disease Control and Prevention (CDC) recommends HCP adhere to all [recommended infection prevention and control](#) measures including [recommended PPE](#) to reduce the risk of MPox virus transmission in healthcare settings.

### Infection Prevention and Control

- Establish a process to screen patients for [signs and symptoms of MPox](#) at or before arrival so that they can be identified promptly in healthcare facilities (e.g., urgent care clinics, emergency departments, clinics providing evaluation for sexually transmitted infections) that are most likely to provide initial evaluation of patients with MPox.
- Dedicate adequate resources to support infection prevention practices, including access to all [recommended PPE](#), particularly in outpatient settings, where MPox patients are frequently initially evaluated.
- Review infection prevention and control practices including carefully putting on and taking off PPE to ensure HCP are properly trained and provided the opportunity to ask questions and practice their technique.

### Cleaning and Disinfection

- Review [cleaning and disinfection practices](#) to ensure they are being completed effectively. Cleaning and disinfecting rooms and equipment between patients is important to prevent transmission to others.

### Safe Specimen Collection

- Use methods to [safely collect MPox specimens](#). Unroofing or aspiration of lesions during specimen collection or using sharp instruments for MPox

lesion testing is not necessary or recommended due to the risk for sharps injury.

### Healthcare Provider Exposures

- Know the [signs and symptoms of MPox](#).
- Do not report to work if any signs or symptoms develop, even in the absence of recognized exposure.
- Leave work if signs or symptoms develop while at work, and notify supervisor or other appropriate group (e.g., occupational health services) for further evaluation.
- Healthcare facilities should provide flexible, non-punitive sick leave policies to allow HCP to take leave when indicated.

### Additional Resources

- [Infection Control: Healthcare Settings | MPox | Poxvirus | CDC](#)
- [Health Care Personnel Exposures to Subsequently Laboratory-Confirmed MPox Patients — Colorado, 2022 | MMWR \(cdc.gov\)](#)

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September 21, 2022

## Interim Tecovirimat (TPOXX) Guidance and Clinical Considerations for Pain Management of MPox

The Centers for Disease Control and Prevention (CDC) has updated its [Guidance for Tecovirimat \(TPOXX\) Use Under Expanded Access Investigational New Drug Protocol](#), based on data from the published literature and [recently released data](#) from the Food and Drug Administration, which suggest that broad use of the antiviral drug TPOXX could promote resistance and render the drug ineffective for some patients.

All patients with MPox benefit from supportive care and [pain control](#) that is started early in the illness. For most patients with healthy immune systems, supportive care and pain control may be enough. However, there are some instances where TPOXX could be beneficial, and CDC has updated guidance to reflect this.

Specifically, TPOXX should be considered for use in people who have—

- Severe disease—meaning someone has a condition such as hemorrhagic disease, confluent lesions (i.e., individual sores have joined into one larger sore), sepsis, encephalitis, eye infections, or other infections that require hospitalization
- Involvement of anatomic areas which might result in serious disease including scarring

TPOXX should also be considered for use in people who are at high risk for severe disease, including—

- People with immunocompromising conditions
- Children, particularly patients younger than 8 years of age
- People who are pregnant or breastfeeding
- People with certain skin infections

However, for those patients for whom TPOXX is recommended, early administration is best. Patients can begin treatment as soon they have provided [informed consent](#) to their healthcare provider and the provider is [enrolled in the Expanded Access Investigational New Drug](#) protocol.

### Additional Resources (updated September 15, 2022)

- [Treatment Information for Healthcare Professionals](#)
- [Patient's Guide to MPox Treatment with TPOXX](#)
- [Study of Tecovirimat for Human MPox Virus \(STOMP\)](#) Clinical Trial

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**Please see previous Reference list at this link (02). New References below**

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